



### What are the twelve steps?

The Steps have been around for over 60 years, beginning as 'Alcoholics Anonymous'. They were a group of people who, with God's help, got sober and stayed sober. But the Steps are not just for alcoholics or drug addicts. They are based on the gospel of Christ, and take us on a journey towards full life.

'I am grateful I have had the privilege to attend the Twelve Steps Workshop. It has taken me to a deeper place of self-awareness and a much deeper relationship with God.' Colleen

### How do I apply?

Contact Booth College of Mission for a registration form:

- phone: 04 528 8628
- email: [cld@salvationarmy.org.nz](mailto:cld@salvationarmy.org.nz)

### When?

Part 1: 12-15 August 2019

Part 2: 17-19 September 2019

### Where?

Booth College of Mission, Upper Hutt,  
New Zealand

### Workshop costs

\$450.00 (GST exclusive). This Workshop cost is valid until 1 July and may be subject to increase after this date. This includes Workshop materials, teaching, refreshments, lunches and evening meals—we ask that you join us for meals, as sharing is an important part of this Workshop.

This Workshop is subsidised by The Salvation Army as part of our ongoing commitment to empowering leadership.

Please send in your registration form by  
11 July 2019



THE SALVATION ARMY  
**BOOTH  
COLLEGE  
of  
MISSION**  
NEW ZEALAND, FIJI & TONGA

A Booth College of Mission  
**SHORT WORK-**



# the twelve steps workshop

A spiritual journey  
towards transformation,  
freedom and truth

Brought to you by the Centre for Leadership Development,  
Booth College of Mission.

Part 1: 12-15 August 2019

Part 2: 17-19 September 2019

At Booth College of Mission (BCM), Upper Hutt.



Have you ever tried to change, only to find yourself doing the same old thing?



Or would you like new skills to help others and guide them towards change?

We are told that in Christ we are a 'new creation', but we often don't know how to make the changes we need. The Twelve Steps Workshop provides an understanding of why we do what we do, and how God's power can help us become what He made us to be.

The Twelve Steps is a life-changing journey, whether you're a leader, professional or want to develop these skills for your own life.

### Workshop Content

The Twelve Steps Workshop uses the Steps, the Bible's truth and a wealth of psychological principles to help you understand your own development, needs and behaviours. You'll attend two block Workshops:

- **Part one, Steps 1-4:** You'll examine the 'management systems' we adopt for life, and how this has affected our beliefs, behaviour and relationships.
- **Part two, Steps 5-12:** You'll learn the 'how to' of transformation, in your relationship with God and with others.

### Who is it for?

- professionals in counselling, pastoral or chaplaincy roles
- anyone interested in their own personal development
- leaders
- anyone working with people

If you are currently involved in a therapeutic process, please discuss your participation on this Workshop with your therapist or counsellor, and follow their guidance on whether it is appropriate for you at this stage.

Join us for a Workshop  
—it's an opportunity too good to miss!

'The second best thing I have done in my life—the first was asking Jesus to come back into my life.' Phillip

### Facilitator—Ferrell Irvine

Ferrell Irvine has a masters degree in psychology and is an experienced Christian psychotherapist and member of a twelve step programme. She has facilitated the Twelve Steps Workshop over a number of years, with a range of groups and participants.

'A true revelation of the greatness of God's love, and a confrontation with the distortions of the images we have of ourselves and God.' Jeff

We want to give all Salvationists the opportunity to join us at Booth College of Mission...

- That's why we offer this Workshop to you at a greatly discounted price, and will cover your travel expenses where ever you are in the country.
- Our Workshops are taught by The Salvation Army and New Zealand's leading experts for a fraction of the corporate cost, because we believe in equipping God's people both personally and professionally.
- The excellent facilities, hospitality and fabulous food are a highlight for many participants. We look forward to having you at our place.